Make your own poppies



This resource contains

Knitted poppies Crocheted poppies Plastic bottle poppies

Knitted Poppies

(Patterns from counties.britishlegion.org.uk/media/4069303/Poppy-Patterns.pdf)



For the best finish, knit with a Double Knit (DK yarn). The size of needle you choose will determine how big the poppy will be, but we recommend 3.5mm or 3.75mm (UK9).

If you have different yarn left in your stash, just use that and the appropriate needle size.

If you have any problems with any of the techniques in the poppy patterns and you have access to the internet you will find lots of tutorial videos on YouTube.

1. Easy garter/knit stitch pattern for beginners

Colour A Red (one ball will make a lot of poppies!)
Colour B Scrap of Black or a black button

Body of Poppy

Using Col A cast on 120 stitches.

Rows 1-4 Knit

Row 5 Knit 3 stiches together across the row(40 stiches)

Rows 6-9Knit

Row 10 Knit 2 stitches together across the row(20 stitches)

Rows 11-14 Knit

Row 15 Knit 2 stitches together across the row(10 stitches)

Cut yarn leaving a tail of about 20cm.

Thread tail through yarn needle and slip all the remaining live stitches onto the yarn tail and pull tight. Pull around into a circle and then mattress stitch (or use whatever stitching you normally use) to seam for an invisible seam. Sew in ends.

Centre of Poppy

Using B, cast on 16 sts. Cast off. Coil into a tight spiral and sew base to the centre. Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.



2. Easy ribbed poppy pattern

Colour A 1 ball red yarn (this will make a lot of poppies) Colour B Scrap of black yarn or black button

Body of Poppy

Using Col A Cast on 60 stitches

Row s1 -10: K2, P2 across whole row(for a slightly smaller poppy do 8

rows of rib). Row 11: Knit 2 stitches together across the row (30 stitches).

Row 12 : Slip 1 stitch, Knit 2 stitches together then pass the slip stitch

over... repeat across the whole row (10 stitches).



Break off yarn with long tail and thread back through remaining stitches and pull tight. Join edges with mattress stitch.

Centre of Poppy

Using B, cast on 16 sts. Cast off. Coil into a tight spiral and sew base to the centre. Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.

Crocheted Poppies

(Patterns from counties.britishlegion.org.uk/media/4069303/Poppy-Patterns.pdf)

You will need some red wool and a black button.

Pattern 1: Three petal crochet poppy (4.5mm hook)

Ch 3, join with slst to form circle.

Ch 3, work 9 dc into the centre of the circle and join with slst.

Work the three petals separately.

Petal 1.

Ch 3, work 1st dc into same st, work 2 dc into each of the next 3 sts.

Ch 1

Work 2 sc into each st, tie off.

Petal 2

Work 2 dc into last dc of previous petal, work 2 dc into each of the next 3 sts. Ch 1 work 2 sc into each st, tie off.

Work petal 3 as 2.

Sew all ends in and attach button in the centre. Add pin



Pattern 2: Two petal crochet poppy

Rnd 1: With 3mm hook and wool, ch2. Make 10dc in 2nd ch from hook.

Join with a slst in 1st dc. (10sts)

Rnd 2: *ch1 dc ch1 2tr in next st, 3tr in next st, 2tr ch1 dc in next st, slst in

next 2sts. rep from * once again.

Rnd 3: *ch1 3dc in next 2 sts, 2dc in next 5sts, 3dc in next 2 sts,slst in next

2sts. rep from * once again. Fasten off.

Attach button in the centre. Add pin.

Stitch explanation

ch = chain

dc = double crochet

htr = half treble crochet r = row

st(s) = stitch (es) rep=repeat rnd=round

slst = slip stitch

tr = treble crochet

How to make a poppy from a plastic bottle

(Pattern by Helen Webster)

Take a clear plastic bottle of whatever size.

Cut off the top and bottom of the plastic bottle, about an inch from the base, maybe a bit more for narrower bottles. The parts of the bottle you don't use can be recycled.

Shape the top and bottom into flowers by making 4 or 5 slits at approximately equal distances apart. Bend the plastic out and then cut around the edges to make them rounded like petals.

Paint one side of the poppy with red paint and the centre of the poppy with black paint (or draw on it with a black marker once the paint is dry) – if they are to be displayed outside make sure the paint and/or ink is waterproof.

Punch two holes towards the base of the petals with a single hole punch. Put thin wire through the holes and attach to whatever you are using to hang the petals. This could be wire or string netting.

